

# Glossary\*

## Level 1

**To struggle:** To have difficulty with something.

**To overwhelm** To cause someone  
**somebody:** to feel sudden strong emotion.

**To torment** To cause a person or animal  
**somebody:** to suffer or worry.

*\*All definitions in this glossary come from the online "Cambridge English Dictionary: Meanings & Definitions".*



# Glossary\*

## Level 2

**(To feel)** To keep somebody in a bad situation that they want to get out of  
**trapped:** but cannot.

**To contain** To keep your feelings under control.  
**(your feelings):**

**Despair:** The feeling of having lost all hope.

**Succumb (to** To die from the effect of a disease or an injury.  
**something):**

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# Glossary\*

## Level 3

**To befriend** To become a friend of somebody.  
**somebody:**

**To break out** To escape from a place or situation.  
**(of something):**

**To comply** To obey a rule, an order, etc.; to meet particular standards.  
**(with something):**

**Secluded:** Quiet and private (especially of a place).

**To dismay** To make somebody feel shocked and disappointed.  
**somebody:**

**Cautionary:** Giving advice or a warning.

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